



Track and Field Day
Rotary Park
Tuesday, May 13, 2025
(alternative day) Wednesday, May 14, 2025



Dear Parents,

Grade 6-9 students will be participating in track and field activities at Rotary Challenger Park – 3688 48 Ave NE, Calgary AB T3J 5C8 – on Tuesday, May 13, 2025 (alternative date is Wednesday, May 14th, 2025). Students will spend the day participating in track and field events.

Students are to be dropped off at 8:15am and picked up by 3:15pm. Parents are responsible for dropping off their students and picking them up at 3:15pm.

All students will be required to wear their HCA gym strip, or other athletic clothing, with comfortable shoes, but please dress for the weather and bring a hat and sunscreen.

Please make sure that students bring a bag lunch, a big snack and a water bottle. All students will eat at the field. Students are NOT allowed to leave the park to purchase lunch.

Students must be in HCA gym strip, or other athletic clothing, with comfortable running shoes

If you have any questions please contact Mr. Henson (derek.henson@pallisersd.ab.ca) or Mrs. McInnes (jennifer.mcinnis@pallisersd.ab.ca)

My student _____ (Student Name) will be able to attend and participate in all planned activities.

_____ (Parent/Guardian Name)

Please carefully read the following and check all that apply:

- ☐ I can volunteer for the day.
- ☐ I have a current security check on file

PLEASE NOTE: ALL volunteers must have a current police check on file with HCA

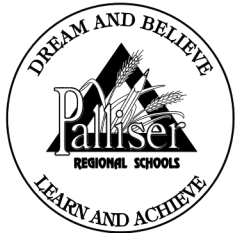
_____ (Parent/Guardian Name)

Emergency phone number: _____

Student's AB Care Health #: _____

(Clip & Retain for your Records)

Return by
Friday, May 9,
2025



PALLISER REGIONAL SCHOOLS Informed Consent/Permission Form for Minor Tours

DETAILS OF TOUR

Nature of Tour: Gr 6-9 Track and Field Activity Day

Date: Tuesday, May 13, 2025

Time: Start: 8:15 am

End: 3:15 pm

Destination: Calgary Rotary Challenger Park, 3688 48 Ave NE, Calgary AB T3J 5C8

Summary of Activities (Itinerary Attached): Track and field activities at Rotary Challenger Park

Supervisor(s): Mrs. McInnes, Mr. Henson, Mrs. Harper, Mrs. Summach, Mr. Munton, Mrs Kaiser, Mr Lam, Mrs Fox, Mrs. Keizer

Transportation Arrangements: X Other: Parents are responsible for dropping their students off at Rotary Park in the morning and picking up their children at 3:15pm.

Contact Person: Mrs. McInnes, Mr. Henson

Email: jennifer.mcinnnes@pallisersd.ab.ca; derek.henson@pallisersd.ab.ca

ELEMENTS OF RISK

Educational activity programs such as Field trips involve certain elements of risk. Injuries may occur while participating in these activities. The following list includes, but is not limited to, examples of the types of injuries which may result from participating in Track and Field Day.

- Allergies: Pre-existing conditions: _____
- Equipment: javelins, shot put, hurdles, high jump, discus
- Terrain: Slips, trips and/or falls
- Walking: slips, trips, falls and/or separation from the group
- Weather: slips, trips and/or falls
- Other Hazards: separation from the class, improper use of equipment, pre-existing medical conditions, sports related injuries, other

The risk of sustaining these types of injuries result from the nature of the activity and can occur without fault of either the student or the School Board, Heritage Christian Education Society Board, its employees/agents or the facility where the activity is taking place. By choosing to take part in this activity, you are accepting the risk that your/your child may be injured.

The chance of an injury occurring can be reduced by carefully following instructions at all times while engaged in the activity.

If you choose to participate in Track and Field Day on May 13, 2025, you must understand that you bear the responsibility for any injury that may occur.

The Board of Trustees of Palliser Regional Schools has invested in IAP Student Accident Insurance, with enhanced coverage for the school year. This provides insurance coverage for all students, teachers and non-teachers on Palliser staff from the time they leave their residence to travel to school to the time they arrive at their residence (or their first destination) after school. This coverage also applies during approved and supervised school trips/activities.

ACKNOWLEDGEMENT

We have read the above. We understand that by participating in the activity described above, we are assuming the risks associated with doing so.

Signature of Student Date

Signature of Parent/Guardian Date

PERMISSION

I give _____ (name of student) permission to participate in the Track and Field Day to be held on or about May 13, 2025.

Signature of Parent/Guardian Date